

SOCCER TENNIS

The excitement and athleticism of soccer, tennis and volleyball combined in one fast and furious package.

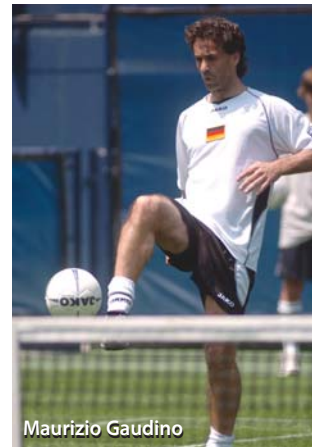
It is widely known that *a soccer player's touch on the ball can be the key to improving* an individual in many other areas of the game. Simply put, if one doesn't have touch, it's very difficult to play the game.

One of the best methods to develop one's touch is to include it in a fun, game-type setting with little or no pressure from opponents. Thus, players and coaches all over the world invented the hybrid game of Soccer-Tennis. Everything you need to learn about technical skill and ball control is incorporated therein. Players can concentrate on finding teammates with controlled, directional passing, and develop an eye for placing the ball between opponents to split a solid defense.

- Develops precise touch on the ball
- Develops anticipation and forward thinking (foresight)
- Increases foot/eye coordination
- Promotes communication
- Offers numerous repetitions for increased learning
- Restricts pressure from opponents
- Promotes creativity with kicks and passes
- Forces player to utilize different parts of the body (including head, chest, thigh, and feet)
- Enables players to search for open spaces in the opposing side of the field and exploit them



Alberto García Aspe



Maurizio Gaudio



Hector Enrique



Sergio, Sílas and Vasquez

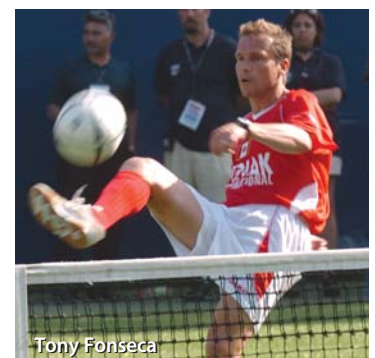


Paulo Sílas



Thomas Dooley

THOMAS DOOLEY, (above) former U.S. National Team captain and two-time MLS All-Star, is the founder of ASTO (American Soccer-Tennis Organization). Now beginning to build Amateur Leagues and Tournaments around the U.S., Dooley has also formed the WSTA (World Soccer-Tennis Association) as an umbrella for world-wide governance of the sport. See www.soccertennis.org



Tony Fonseca

What do I need to know about the rules?

A player has **two attempts to execute a kick-off** and must play the ball out off his hands behind the service line, either per volley or drop kick. Ball can land anywhere on the opposing team side.

The kick-off must bounce on the opposing team side before being played by the receiver. Kick-off receiver is allowed to take two touches. The ball can not touch the ground between the two touches.

The receiving team is allowed to touch the ball a maximum of **3 times** before returning the ball to the opposing team. (IMPORTANT NOTE: The two touches used by a receiving player off the kick-off count as 1 team touch). The ball can be directly returned to the opposing team, if desired.

The ball is allowed to touch the ground a maximum of **two times** on a team's side before being returned. Ball contacts must be interrupted by a player touching it. (Ball cannot bounce twice in a row without being touched.) Ball must also be returned out of the air. (Ball cannot bounce from one side to the other without being touched.)